

**PRAYERS
FOR
YOU!**

PRAYING FOR THOSE WE LOVE

Prayers for You!: Praying for those we love

Published by Ryan Stratton

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*I dedicate this book to those these prayers are for. May you always experience the grace of Jesus
Christ today and always.*

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HOW TO USE THIS PRAYER JOURNAL

I am praying this journal book will help you in praying for your loved one.

Use this book to write down personal prayers for your loved one. You get to “fill in the blanks” throughout this journal. Then, when you are ready, gift this journal to the person you’ve been praying for.

Ideas for what to pray for include: knowing and trusting Jesus Christ, future vocation, spouse, friendships, confidence in who God created them to be, confession for times you’ve messed up, forgiveness. Write down whatever prayers you feel this person needs to have prayed.

Note: There are a few spaces for you to place a meaningful picture as well as space to write down meaningful Bible verses.

My prayer is your prayer life, and the person you are praying for, will be enhanced encourage through this practice of prayer.

In Christ,

A handwritten signature in red ink that reads "Ryan". The signature is written in a cursive, flowing style with a large, sweeping initial "R".

PERSONAL PRAYERS

Dear _____

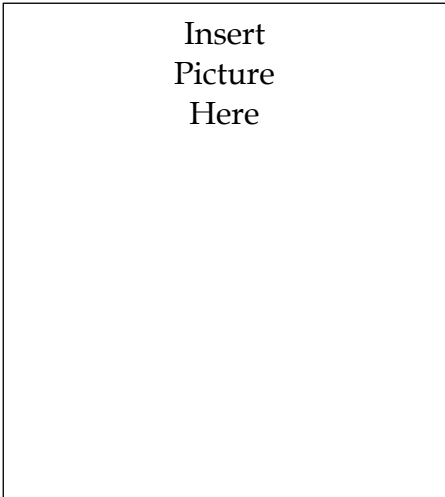
This short book of prayers represents of the prayers I pray for you. These prayers represent my heart. Most of these prayers are written by me, several are historical Christian prayers. I pray you continually seek and know God through Jesus Christ in all you do.

My hope is you will come back to these prayers time and time again to remember how much you are loved and adored by God.

You can also use this as a prayer journal to record your personal prayers and how you have experienced answers to your prayers (whether the answers are yes, no, or not yet). AND...if you feel stuck on what/how to pray, look back at the prayers that have been prayed over you. ☺

(What else would you like to add?)

Love,



Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

THE SERENITY PRAYER¹

God, give me grace to accept with serenity
the things that cannot be changed,
 Courage to change the things
 which should be changed,
and the Wisdom to distinguish
 the one from the other.

 Living one day at a time,
 Enjoying one moment at a time,
Accepting hardship as a pathway to peace,
 Taking, as Jesus did,
 This sinful world as it is,
 Not as I would have it,
Trusting that You will make all things right,
 If I surrender to Your will,
So that I may be reasonably happy in this life,
And supremely happy with You forever in the next.

Amen.

¹ Reinhold Niebuhr (1892 – 1971)

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Prayer of St. Thomas A Kempis, 1380-1470²

Lord, You know what is best; let this be done or that be done as You please. Give what You will, as much as You will, when You will. Do with me as You know best, as will most please You, and will be for Your greater honor. Place me where You will and deal with me freely in all things. I am in Your hand; turn me about whichever way You will. Behold, I am Your servant, ready to obey in all things. Not for myself do I desire to live, but for You - would that I could do this worthily and perfectly! Amen.

² Bevins, Winfield H.. *Our Common Prayer: A Field Guide to the Book of Common Prayer*. Simeon Press, 2013. 91

Dear God,

In the powerful name of Jesus, I pray. Amen.

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In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

WESLEY COVENANT PRAYER³

I am no longer my own, but yours.
Put me to what you will,
rank me with whom you will;
put me to doing, put me to suffering;
let me be employed for you,
or laid aside for you,
exalted for you,
or brought low for you;
let me be full,
let me be empty,
let me have all things,
let me have nothing:
I freely and wholeheartedly yield all things
to your pleasure and disposal.
And now, glorious and blessed God,
Father, Son and Holy Spirit,
you are mine and I am yours.
So be it.
And the covenant now made on earth,
let it be ratified in heaven. Amen

³ <https://www.community-stmark.umd.org/modern-translation-covenant-prayer/>

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Prayer of St. Augustine, 354-430⁴

Breathe in me, O Holy Spirit, that my thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me, O Holy Spirit, to defend all that is holy. Guard me, then, O Holy Spirit, that I always may be holy. Amen.

⁴ Bevens, Winfield H.. *Our Common Prayer: A Field Guide to the Book of Common Prayer*. Simeon Press, 2013. 93

Dear God,

In the powerful name of Jesus, I pray. Amen.

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In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

*PRAYER FOR TEENS (Adults too 😊)*⁵

Dear God,
Tonight I lay down to sleep and ask that
you would hold the fears, worries, and
disappointments that I feel.
Take my life and help me to sort through
these many thoughts.
Help me to sift through all these feelings,
and to keep only the ones which are good
and true.
Now as I sleep Lord, I ask that you
would walk with me in my dreams,
comfort my soul and renew my spirit.
Tonight I lay down to sleep, not alone,
but with your love to watch over me
throughout the night.
Amen

⁵ https://www.lords-prayer-words.com/family/prayers_for_teenagers.html

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Prayer of St. Anselm 1033-1109⁶

Lord, because you have made me, I owe you the whole of my love;
because you have redeemed me, I owe you the whole of myself;
because you have promised so much, I owe you my whole being.
Moreover, I owe you as much more love than myself as you are greater
than I, for whom you gave yourself and to whom you promised
yourself. I pray you, Lord, make me taste by love what I taste by
knowledge; let me know by love what I know by understanding. I owe
you more than my whole self, but I have no more, and by myself I
cannot render the whole of it to you. Draw me to you, Lord, in the
fullness of your love. I am wholly yours by creation; make me all yours,
too, in love. Amen.

⁶ Bevins, Winfield H.. *Our Common Prayer: A Field Guide to the Book of Common Prayer*. Simeon Press, 2013. 94

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

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In the powerful name of Jesus, I pray. Amen.

*Prayer of St. Francis, 1181-1226*⁷

Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

⁷ Bevins, Winfield H.. *Our Common Prayer: A Field Guide to the Book of Common Prayer*. Simeon Press, 2013. 94

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

Dear God,

In the powerful name of Jesus, I pray. Amen.

*Prayer of St. Patrick, 387-493*⁸

May the strength of God pilot me, the power of God uphold me, the wisdom of God guide me. May the eye of God look before me, the ear of God hear me, the Word of God speak for me. May the hand of God protect me, the way of God lie before me, the shield of God defend me, the host of God save me. May Christ shield me today. Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ when I lie down, Christ when I sit, Christ when I stand, Christ in the heart of everyone who thinks of me, Christ in the mouth of everyone who speaks of me, Christ in every eye that sees me, Christ in every ear that hears me. Amen.

⁸ Bevins, Winfield H.. *Our Common Prayer: A Field Guide to the Book of Common Prayer*. Simeon Press, 2013. 95

Prayer of St. Ignatius, 1491-1556⁹

Take, O Lord, and receive all my liberty, my memory, my understanding, and my whole will. You have given me all that I am and all that I possess: I surrender it all to you that you may dispose of it according to your will. Give me only your love and your grace; with these I will be rich enough, and will have no more to desire. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

⁹ Bevens, Winfield H.. *Our Common Prayer: A Field Guide to the Book of Common Prayer*. Simeon Press, 2013. 96

Prayer of St. Ambrose of Milan, 339-397¹⁰

O Lord, who hast mercy upon all, take away from me my sins, and mercifully kindle in me the fire of thy Holy Spirit. Take away from me the heart of stone, and give me a heart of flesh, a heart to love and adore thee, a heart to delight in thee, to follow and to enjoy thee, for Christ's sake. Amen.

¹⁰ Bevins, Winfield H.. *Our Common Prayer: A Field Guide to the Book of Common Prayer*. Simeon Press, 2013. 98

Prayer of St. Alcuin 735-804¹¹

Eternal Light, shine into our hearts; Eternal Goodness, deliver us from evil; Eternal Power, be our support; Eternal Wisdom, scatter the darkness of our ignorance: That we may seek Your face with all our heart and mind and soul and strength. Amen.

¹¹ Bevens, Winfield H.. *Our Common Prayer: A Field Guide to the Book of Common Prayer*. Simeon Press, 2013. 100

Prayer of St. Benedict 480-547¹²

Gracious and holy Father, give me wisdom to perceive you, intelligence to fathom you, patience to wait for you, eyes to behold you, a heart to meditate upon you, and a life to proclaim you, through the power of the Spirit of Jesus Christ our Lord. Amen.

¹² Bevins, Winfield H.. *Our Common Prayer: A Field Guide to the Book of Common Prayer*. Simeon Press, 2013. 101

Dear God,

In the powerful name of Jesus, I pray. Amen.

**YOUR
PERSONAL
PRAYERS**

Write down any prayer requests you have.

Date:

Prayer:

Date:

Prayer:

Date:

Prayer:

Write down any prayer requests you have.

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Prayer:

YOUR ANSWERED PRAYERS

Remember, an answered prayer is not just when God gives you what you ask for. Use these next pages to write down answers God gives (and what prayers you prayed)

God's answers are: YES NO NOT YET

Answered Prayers

Request

Date Prayed

Answer

Answered Prayers

Request

Date Prayed

Answer

Answered Prayers

Request

Date Prayed

Answer

Answered Prayers

Request

Date Prayed

Answer

Answered Prayers

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Date Prayed

Answer

Answered Prayers

Request

Date Prayed

Answer

Answered Prayers

Request

Date Prayed

Answer

Answered Prayers

Request

Date Prayed

Answer

I know this concludes this particular prayer book, but know my prayers for you never end. I am proud of you and I am glad we're in each other's lives!

(Write any concluding thoughts here)

Love,

(Write down any Bible passages that remind you of the person receiving this prayer journal.)

Insert
Picture
Here